

**SPIKA**  
BEAUTY INSTITUTE

**EXAMINATION BEFORE THE SURGERY**

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MEDICAL COSMETOLOGY  
PLASTIC SURGERY

After making a decision, you should check whether you are ready for the appropriate intervention or not. For that purpose it is necessary to pass the examination and make laboratory tests, their results will be valid for 14 days from the date of the test.

We recommend comprehensive examination at Helix Laboratory (laboratory phone: +7 (812) 309-12-21) or Medinef Clinic Laboratory (laboratory phone +7 (812) 603-03-03) for patients in Saint Petersburg. In some cases for the purpose of clarification of the medical circumstances we recommend additional examination or laboratory tests

If you want to go to other laboratory, make sure that we will receive the results of the tests no later than on Wednesday of the week before the surgery week.

**Tests and examination results should be sent when completely finished as a package. Separately sent test results will not be considered and evaluated.**

#### Methods of submission of test results to SPIKA Beauty Institute:

- Bring original copies of the results to the clinic
- Scan and send them by e-mail to: [obsled@edmed.ru](mailto:obsled@edmed.ru)

In case if the examination results make the surgery not possible, you will be contacted by phone to discuss further actions. Depending on the state of your health, the surgery will be carried out, postponed or canceled.

#### Laboratory tests required for general anesthesia surgery:

1. Clinical blood count (complete + platelets)
2. Clotting time and duration of bleeding

3. Determination of blood type and Rh factor
4. Clinical analysis of urine with urine microscopy

#### 5. Biochemical blood test:

- General protein - ALT
- Creatinine - AST
- Urea - Sugar (glucose)
- Bilirubin

#### 6. Coagulogram:

- prothrombin - thrombin time
- fibrinogen - INR
- APTT - D-dimer

#### 7. Examination for:

- Hepatitis B - HIV
- Hepatitis C - syphilis

#### 8. Fluorography over the past 12 months

#### 9. ECG (with interpretation)

10. Examination by physician - conclusion that there are no contraindications for the surgery

#### Laboratory tests before the surgery under local anesthesia:

1. Clinical blood count (complete + platelets)
2. Clotting time and duration of bleeding
3. Clinical analysis of urine with urine microscopy
4. Sugar (glucose)
5. Fluorography over the past 12 months
6. ECG (patients over 40 years old)
7. Examination by physician - conclusion that there are no contraindications for the surgery
8. Examination for:
  - Hepatitis B - HIV
  - Hepatitis C - Syphilis